

# Los Angeles Pediatric Society Newsletter



## President's Message

**Allyson Self-Stoico, MD**

As we round out the year 2023, the Los Angeles Pediatric Society continues to thrive through your support of membership, attendance at our events and your donations and participation in our Summer Program.

This spring, Cedars Sinai Guerin Children's graciously hosted the 2023 S. Michael Marcy, MD, Memorial Lecture at the Parmelee. Dr. David Skaggs, Director of Pediatric Orthopedics at Guerin Children's, gave an overview of relevant clinical issues in his talk titled "*Torticollis to Scoliosis: Spine Issues in Children and Adolescents*". Even the more seasoned of us physicians came away with some great insight to take back to our clinics!



[Read More](#)

**54<sup>th</sup> Eve and Gene  
Black Summer Medical  
Career Program**



Creating life-changing  
experiences for High  
School Students with  
medical career  
aspirations since 1969



**Presentation Ceremony for  
LAPS Summer Program  
Students at Martin Luther King,  
Jr. Outpatient Center**



**2023 Summer Program Includes Both In-  
Person and On-Line Sessions**

The Los Angeles Pediatric Society (LAPS) established the Eve and Gene Black Summer Medical Career Program in 1969 as a medical mentor program to encourage high school students to choose careers in the health professions.

In this, our 54<sup>th</sup> year of the Program, we were able to offer a mix of in-person and virtual programs. We had 54 students participate in our in-person programs and 120 participate in our virtual programs.

The students were divided into two, 2-week sessions and met from July 10 through August 11. LAPS Board members Drs. Neville Anderson, Karen Camero, Caryn Cassidy, Claudia Emami, Gene Liu, Kimberly Klausner, Lauren Meepos, Allyson Self-Stoico, Sloane Sevrans, Patrick Whelan and Paula Whiteman, along with Dr. Nanci Rascoff served as the daily moderators, navigating speaker introductions, chat questions and PowerPoint presentations with ease.

## Click Images below to see Quotes from 2023 Program Participants

[READ MORE TO SEE ALL THOSE WHO HELPED TO MAKE THIS PROGRAM POSSIBLE](#)



**PARTICIPANTS OF THE 2023 ONLINE AND IN-PERSON EVE AND GENE BLACK SUMMER MEDICAL CAREER PROGRAM SHARE THEIR THOUGHTS**  
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- ◆ I realized that all these presenters have something truly important that allows them to be leaders and game-changers within their communities. Every presenter showed passion for their profession from the excitement in their voices and grins to the detailed explanations they gave about their specific position in the medical field.
- ◆ I have learned that medicine extends beyond clinical expertise, it encompasses empathy, effective communication, and a genuine desire to learn.
- ◆ Lastly, I would like to thank everyone at the Los Angeles Pediatric Society for making the Eve and Gene Black Summer Medical Career Program possible for students like myself. I would not have learned as much as I did about myself, my future career plans, and what I see myself doing in 10 years without the help of everyone who volunteered to make this internship possible.
- ◆ It was an incredible opportunity to gain practical knowledge and see the real-life application of what I've already learned about medicine. I got to see how doctors and nurses work together as a team which allowed me to ask questions and gain a deeper understanding of the medical field. I also feel that I've developed and learned important skills like communication, empathy, and critical thinking. I feel that it shaped my future and opened doors to endless possibilities in the world of medicine.
- ◆ I enjoyed the variety of doctors and asking them why they chose the route they chose. I enjoyed hearing tips that I will use in the future, like how to manage my workload balance and manage my free time. It was enlightening to hear all of this information, and hearing it through somebody who has lived it made it so much easier to understand rather than just researching this information online.
- ◆ One aspect of the Zoom calls that I really appreciated was the emphasis on student questions and allowing the student participants to guide the direction of the presentations. Some of the most helpful questions that were answered were topics on balancing one's career and personal life and the different academic programs one could take to end up in a specialty.
- ◆ I will definitely see reaching out to the speakers for support during my journey and use my resources to become successful. Thank you, Eve and Gene Black LAPS Summer Medical Program, for such an amazing opportunity.
- ◆ The speakers were all so passionate, which was clear to me even through a computer screen, and I couldn't help but be drawn into every presentation. They made it easy to get lost in their world. Quite a feat to achieve, I must say!
- ◆ I learned more, not only about the medical field, but about myself and how I want my journey to look like in the future, and I'm forever grateful for the chance to be a part of this program and the professionals that volunteered to speak this summer!
- ◆ The volunteers who made this program possible were such good hosts, they interacted with the lecturers through active listening and asked such insightful and collaborative questions. Their participation gave me a different input and an overall better understanding of the subject material. They were such an amazing part of the program and made the program much more fun!
- ◆ Something that caught my attention was how all of the doctors spoke of medicine as life-long learning. The medical field is continuously evolving and new information causes physicians to update their current practices and knowledge. The possibility of being in a profession where I will never stop learning is incredible.
- ◆ Joining the Eve and Gene Summer Program has been one of the most inspirational and important experiences of my summer. I hope to take to heart what I've learned and apply it to become my best self.



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[How can I help the Summer Program? Visit our website](#)



## LAPS Loves Updates from our Summer Program Alums!

(Nicole Lee participated in the 2017 Eve and Gene Black Summer Program at the Pipeline and School Partnership Programs at Charles R. Drew University of Medicine and Science and recently sent the letter of thanks below, to Dr. Eleby Washington, Professor and Chairman, Department of Surgery and Orthopaedic Surgery.)

Dear Dr. Washington,

I hope this email finds you well. This is Nicole Lee - Mindy and I were part of the Eve & Gene Black Summer Program and came to visit you a few months ago.

I wanted to send you an update having started school at the Georgetown University School of Medicine! I have been enjoying the past three months learning at school, I just successfully completed my first round of exams for this year. I have also been learning so many clinical skills that I'm excited to use in the future.

though there is definitely a lot to study.

I have been leaning towards pursuing orthopedic surgery, particularly hand surgery, since shadowing you in high school, and my experiences here already are also pushing me in that direction. I was matched with orthopedic surgeon Dr. Michael Kessler as my preceptor for in-office shadowing and have been following him throughout various sessions this year. I am also hoping to start research in the field very soon!

I have included an image from my white coat ceremony! It made me think of the first white coat ceremony you took us to at CDU 6 years ago. Thank you for the influence you have made in helping me start and shape my career. I look forward to communicating with you again!



### S. Michael Marcy, MD Memorial Lecture

We hope that you were able to join us May 3, 2023 for the Michael Marcy, MD Memorial Lecture at the Parmelee at Cedars-Sinai, sponsored by Cedars-Sinai Guerín Children's. Dr. Shervin Rabizadeh, Chair of Cedars-Sinai Guerín Children's graciously welcomed our attendees and provided an overview of Cedars-Sinai Guerín Children's and Dr. David Skaggs delivered an informative lecture on *Torticollis to Scoliosis: Spine Issues in Children and Adolescents*.

Cedars-Sinai Guerín Children's offered tours of Cedars-Sinai Guerín Children's before the lecture and provided a lovely setting for our event, complete with delicious appetizers, beautiful flowers and a tasty meal.

Be on the lookout for an invitation to our 2024 Michael Marcy, MD Memorial Lecture at the Parmelee. We look forward to seeing you there!

## The Los Angeles Pediatric Society Presents the 78th Brennemann Lecture

September 8-10, 2023

Disneyland Hotel Anaheim, CA



### LAPS 78th 2023 BRENNEMANN LECTURES

On September 8-10, we were thrilled to return to the Disneyland Hotel to host our 78<sup>th</sup> Annual Brennemann Lectures. The weekend began on Friday afternoon with four well-received lectures sponsored by Cedars-Sinai Guerin Children's, featuring Drs. Amelia Lindgren (*Hips to Feet*), Gene Liu (*In Office Ear Tubes*), Mitchel Seruya (*Peripheral Nerves*) and Tracy Zaslow (*Update on Youth Sports Issues*) along with moderator, Dr. Eugene Kim.

An evening reception followed, in which our attendees were able to mingle, visit with our exhibitors, reconnect with old friends and meet new ones.

Beginning on Saturday, the weekend was filled with incredible lectures: bright and early with our own Dr. Whiteman helping us learn to be mindful, followed by pediatric dentistry from Dr. Michelle Kelman, including a hands-on session for fluoride treatment, Dr. Sande Okelo on chronic cough and a review of asthma medicines and guideline updates, and Dr. Joshua Sherman on office-based urgencies and emergencies with hand-on splints and procedure training. We were also honored to have Dr. Barry Markovitz and Ann F. Schrooten present our keynote Cliff Rubin Lecture and discuss their experience and book: *Shared Struggles: Stories from Parents and Pediatricians Caring for Children with Serious Illnesses*. It was a profoundly moving experience.

Thank you to everyone who attended the weekend. We truly appreciate your enthusiasm for learning and your dedication to LAPS.

**We hope that you can join us next year.  
Please save the date for our 79<sup>th</sup> Brennemann Lectures  
November 15-17, 2024 at the Disneyland Hotel**

**LAPS would also like to thank all of our exhibitors for their support!**



**YOU ARE INVITED TO ATTEND!**



## "Liver Disease in Children: From London to LA"

### Details of the Event

- **Topic:** Unlocking Global Insights in Primary Care for the Child with Liver Disease
- **Date:** Saturday, January 27, 2024
- **Time:** 10:00 AM – 4:15 PM
- **Location:** Children's Hospital Los Angeles
- **Course Directors:** **Dr. Rohit Kohli**, MBBS, MS, Children's Hospital Los Angeles, and **Dr. Anil Dhawan**, MD, FRCPCH, King's College Hospital, London
- **Faculty:** Beth Carter, MD, Mark Davenport, MD, Yuri Genyk, MD, Tania Mitsinikos, MD, Frank Sinatra, MD, Anita Varma, MD

### Learning Objectives

1. Gain unprecedented insights from renowned experts on cutting-edge research, technology, and data in pediatric liver disease.
2. Learn to diagnose, treat, and refer young patients with liver conditions through comprehensive reviews and hands-on strategies.
3. Elevate skills in obesity-related liver disease screening and congenital liver disorder diagnosis.
4. Collaborate effectively with pediatric liver specialists to enhance care for children with chronic liver conditions.

This course focused on pediatric liver disease will provide a comprehensive overview and update on what is cutting edge in the medical care of children with liver disease. All content will be from the perspective of the primary care provider and how they can work together with the pediatric liver specialists to improve screening and care for children with chronic liver disease. These will include but not be limited to discussion screening and management of obesity related liver disease, diagnosing congenital liver disease, referral guidelines for specialty liver services, and care for children post-liver transplant in the pediatric office. The faculty will be drawn from King's College, London and Children's Hospital Los Angeles.

**Register NOW for Liver Disease in Children: From London to LA.**



### COME JOIN US!

We're excited to share that we've created a private Facebook group for LAPS members to network amongst themselves about topics ranging from clinical scenarios to practice management to job/research opportunities, etc. Join the group [here](#). Also, be sure to follow us on [Instagram](#) for current updates and news from LAPS.

## Member Updates

### WE WELCOME OUR NEW MEMBERS

Joyce Javier, MD  
Leila Bozorgnia, MD  
Sarayu Kumar, MD

### IN MEMORIAM:

Robert E. Stanton, MD, February 2021  
James N. Yamazaki, MD, March 2021  
Burton C. Sandberg, MD, December 2021



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