

Los Angeles Pediatric Society Newsletter



President's Message

Caryn Cassidy, MD



Wow what an incredible year it has been! The Los Angeles Pediatric Society was overjoyed to begin offering all of our programs in-person again this year. Thank you to everyone who came out in attendance. We loved seeing your smiling faces again and catching up on the past two years.

We started our year off with our spring 2022 S. Michael Marcy MD Memorial Lecture at the Parmelee. We were honored to partner with Children's Hospital Los Angeles for this event and have Dr. Jeffrey Starke from Texas Children's Hospital speak to us about Tuberculosis for the General Pediatric Practitioner. I, like many of you probably, have been hyper focused on COVID-19 these past few years and found that it was a nice reminder of other infectious diseases out there that we should be screening for as general pediatricians.

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Welcome to
the 53rd
Eve and Gene
Black Summer
Medical Career
Program

Creating life-changing
experiences for High School
Students with medical career
aspirations since 1969



2022 Summer Program Includes Both In-Person and On-Line Sessions

The Los Angeles Pediatric Society (LAPS) established the Eve and Gene Black Summer Medical Career Program in 1969 as a medical mentor program to encourage high school students to choose careers in the health professions.



Our Students relate their experiences

Shapiro, Patrick Whelan and Paula Whiteman served as the daily moderators, navigating speaker introductions, chat questions and PowerPoint presentations with ease.

Click Images below to see Quotes from 2022 Program Participants

READ MORE TO SEE ALL THOSE WHO HELPED TO MAKE THIS PROGRAM POSSIBLE



PARTICIPANTS OF THE 2022 ONLINE AND IN-PERSON EVE AND GENE BLACK SUMMER MEDICAL CAREER PROGRAM SHARE THEIR THOUGHTS

- ❖ Right now, I am planning to go into the field of medicine, and one of the most inspiring factors from this program was the happiness and pure passion from the guest speakers. Every single one of them seemed to absolutely love their job and what they did to help their patients.
- ❖ I asked each about what drove them to their particular field, the tips and advice that they formed over their schooling and medical journey, and other details about what they liked most about their career. Every answer and path was so different and provided me with so many different ideas and options for my future. They affirmed for me that there is no "perfect" way to establish myself in a position that makes the impact that I want to make. They were encouraging, honest, funny, and overall kind-I could just feel their passions for what they were doing and how they put the "care" in healthcare. Overall, throughout all of the wonderful professionals I was able to meet, I found so many role models that emulated a mosaic of traits I can only hope to piece together into the colorful image of my future career.
- ❖ Because of my time here, the aspect that most draws me to medicine is the people, the possibility of genuine relationships, and the potential to create a positive impact with those that are also passionate to do the same.
- ❖ I learned so much about orthopedics and medicine, but I also learned about how important healthcare is for all people and how vital hospitals are to society. I will take everything I learned from the two weeks with me as I continue my journey into the medical field. And whenever I end up, I will always remember that this internship was what solidified my interest in the medical field and has motivated me to continue pursuing it.
- ❖ The Eve and Gene Black Summer Medical Career Program taught me the vigilance and determination needed to continuously learn from the changing medical world around you and to adamantly advocate for patients. Having the opportunity to participate in such an informative and valuable, yet also incredibly rare once in a lifetime experience will act as the motivation and catalyst for my own endeavors in healthcare.
- ❖ I learned that the fact that you can give back to your community in such a unique way truly outweighs any hardships that one has to undergo to get to that point in their career. Overall, I am so extremely grateful for the newfound knowledge and experience that this program has given me and I will cherish and utilize it for a very long time in the future.
- ❖ Finally, I enjoyed this program because many of the amazing speakers were incredibly transparent about their path to medicine, and a lot of them opened up about some of their failures. I think this just worked to teach all of us, students, the critical idea that failure is okay. Failure is inevitable, especially on a rigorous and challenging path towards a medical career. I think what each of these speakers showed us is that it is not about how many or how bad the mistakes we make are, but rather, it is about how strong our perseverance is. Getting back up when we fall is one of the most important skills we must wield as we embark on this journey to medicine, and the panel of accomplished, educated, and intelligent medical practitioners that we were able to meet just exemplifies what can and will happen when we persevere.
- ❖ I think, most of all, what I learned from this experience is that you do not need to be a perfect person to be in medicine and make a positive impact on both your patients and on the field. I used to think the barrier for entry to all medical fields was nearly impossible to clear, but hearing personal stories about the background of each professional and the path they took to get into their current career position really demonstrated to me that, as long as you put the work in, have the right reasons for pursuing medicine, and stay determined, anyone is good enough to go into the field.



PARTICIPANTS OF THE 2022 ONLINE AND IN-PERSON EVE AND GENE BLACK SUMMER MEDICAL CAREER PROGRAM SHARE THEIR THOUGHTS

- ❖ The LAPS Summer Program allowed me to be curious and participate in an open environment to hone my skills as a student, and to integrate what I have learned from previous internships and opportunities. I enjoyed being surrounded by others who share similar interests and work ethic as me along with hearing some of the questions I did not even think of, yet they opened my mind to new ideas and information.
- ❖ This leads me to my appreciation of the professional transparency that each speaker demonstrated. Their responses, and backstories were not only their successes but their battles and I am grateful to be included in such a realistic and enriching experience, despite being online.
- ❖ I especially enjoyed discussing relevant medical topics such as abortion, serving the LGBTQ+ community, mental health, the healthcare system, and bioethics to name a few. It was fascinating to hear different doctors' opinions and how it impacts the way they treat patients. Because the medical field is so interconnected with social and political issues and doctors often deal with diverse patients from different backgrounds, it is important to get a broader understanding of these topics.
- ❖ One thing I really loved about the program was the environment I was introduced to. I was listening to these speakers with people who shared the same passion toward medicine like me. Their involvement in the program further my understanding of this program. They tackled many different questions concerning the job, medical school, debt, financial aid, and "day in the lives." Even though I was doing the program online, I had a sense of my peers which really opened my eyes to many different things.
- ❖ Overall, this program was an experience I'll never forget, and it was one of the most informative programs I have attended even through zoom. The engaged doctors were very informative, and I learned about specialties I didn't even know existed. I plan to continue this path, I am volunteering right now and going to use the information they gave me to further my career and my passion for medicine.
- ❖ It's safe to say that the Eve and Gene Black summer Medical Career Program was nothing that I was expecting it to be, in the best way possible. Going into the program I believed that I would leave with the countless amount of medical careers that I've learned about. I was wrong. I walked away with an understanding of what it really takes to reach my goals. And that was the best part about participating in this program.
- ❖ To recap my whole experience, I would say it was a very enriching environment. Even though I participated in the online session, I was actively focused on all the different stories of the different guest speakers. It was even more encouraging when I saw that the questions my peers were asking aligned with my interests and questions. It solidified the idea that the other attendees were not only like-minded people but also people that I could potentially work with in the future in the medical field. It was as if I was already in a room with professionals.
- ❖ From the personal stories, struggles, and journeys of the individual, an experience unique to the Eve and Gene Black Program, I became completely immersed with the potential of the medical industry. Every day, I would gain more insight on the meaning of practicing medicine - that it is a dynamic profession full of challenge, requiring much perseverance and mettle. But with that, I came to realize the potential and monumentality of the impact an individual with their chosen endeavor can have, a story beat present throughout the diverse backgrounds and paths taken by the people I were able to speak, listen, and interact with. Gene Eve and Black has stuck with me as an exceptional and invaluable experience that offers the priceless life lessons, connections, experience, and knowledge of professionals and newcomers alike that will remain a part of me as I carry on into the future.

How can I help the Summer Program? Visit our website

**LOS ANGELES PEDIATRIC SOCIETY PRESENTS THE
77TH BRENNEMANN LECTURES
SEPTEMBER 16 - 18, 2022 Disneyland® Hotel**



2022 LAPS BRENNEMANN FACULTY



DR. VINCENT HAYNES WITH PAST PARTICIPANTS OF THE SUMMER PROGRAM

LAPS 77TH 2022 BRENNEMANN LECTURES -BACK IN PERSON AT LAST!

On September 16-18, we were thrilled to return to the Disneyland Hotel to host our 77th Brennemann Lectures. The weekend began on Friday afternoon with well-received lectures sponsored by the Lusk Orthopaedic Institute for Children and featuring Drs. Joshua Goldman, Mauricio Silva and Rachel Thompson.

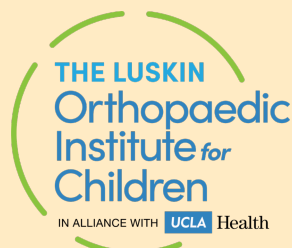
An evening reception followed, in which Dr. Vincent Haynes related the history and the impact of the Eve and Gene Black Summer Medical Career Program. Three former program students shared with us how their participation in the program shaped their current career paths in medicine.

Beginning on Saturday, the weekend was filled with incredible lectures from Dr. Tanaz Danialifar about gastroenterology, Dr. Gavin Roach about hematology, and Dr. Tempe Chen about infectious disease. We were also honored to have Dr. John Harlow deliver our keynote Cliff Rubin Lecture and share with us his experiences caring for unaccompanied children seeking asylum. And our own Dr. Whiteman to help us learn to be mindful!

Thank you to everyone who attended the weekend. We truly appreciate your enthusiasm for learning and your dedication to LAPS.

We hope that you can join us next year. Please save the date for our 78th Brennemann Lectures on September 8-10, 2023 at the Disneyland Hotel.
Speakers to be announced soon.

LAPS would also like to thank all of our exhibitors for their support!





SPECIALISTS' CORNER



In-Office Placement of Ear Tubes in Children

Gene Liu, MD MMM FACS
Pediatric Otolaryngologist
Director of Academic Otolaryngology
Cedars-Sinai Guerin Childrens

Recent trends within surgical disciplines to perform more minimally invasive procedures in the ambulatory and office settings have been driven by utilizing innovative devices and technologies. In line with this development, multiple devices have been developed and FDA approved in the last few years for awake, in-office placement of ear tubes in children over 6 months of age.

These "single-pass" devices are mechanically designed to puncture of the tympanic membrane and place the ear tube in one action, greatly improving the ease and decreasing the time required to successfully perform the procedure in the office. In older children and adults, traditional methods of placing tubes with routine instruments in the office setting has always been possible.

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Non-Operative Management of Appendicitis

Claudia Emami MD MPH FACS FAAP
Pediatric Surgeon, Beverly Hills Pediatric Surgery



Appendicitis is the most common cause of acute abdomen in children. While surgical intervention has been the standard treatment for appendicitis, non-operative antibiotic management with or without interval appendectomy has been gaining favor as an effective therapeutic option. It has been well established that appendicitis is an infectious process that follows luminal obstruction. The first line of treatment for all appendicitis cases, irrespective of surgical plan, is administration of appropriate antibiotics and IV fluid

resuscitation.

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INTERESTED IN MENTORING A RESIDENT?

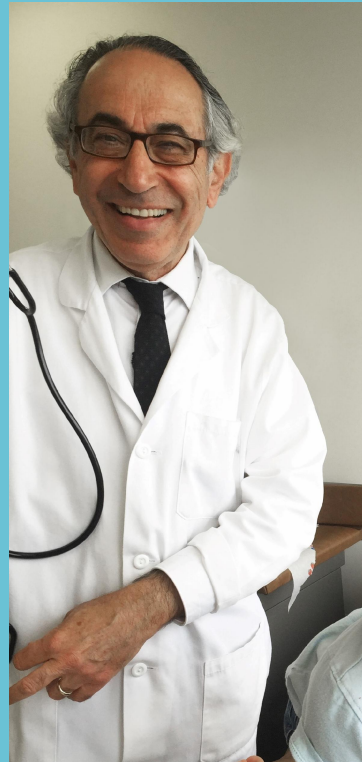
LAPS is looking for pediatricians interested in mentoring a Los Angeles resident who is considering a career in outpatient general pediatrics. The mentorship can be as little or as much as you and the resident decide, such as via Zoom/phone calls, meet for coffee, shadow in your office, etc. If you are interested, [please complete the following sign up form](#)

In Memory of



[Lettie Burgett, MD](#)
[LAPS President 2005-2006](#)

[Click here to view Dr. Burgett speaking about being a pediatrician](#)



[Massood Bral, MD](#)



[Mike Martini, MD](#)

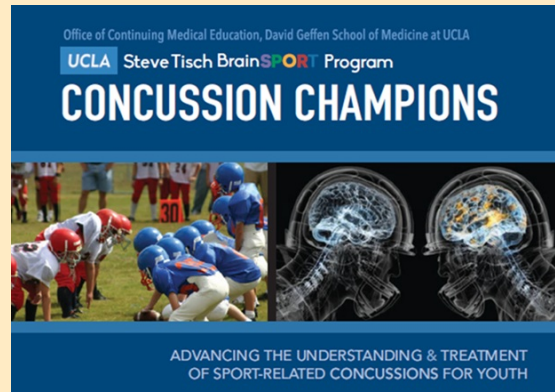


COME JOIN US!

We're excited to share that we've created a private Facebook group for LAPS members to network amongst themselves about topics ranging from clinical scenarios to practice management to job/research opportunities, etc. Join the group [here](#). Also, be sure to follow us on [Instagram](#) for current updates and news from LAPS.

Register Today! Saturday, January 14, 2023 A Live Virtual Program

[Course Description and Registration](#)



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Member Updates

WE WELCOME OUR NEW MEMBERS:

Kelsi McCoy-Wilson, MD
Sheila Ghannadi, MD
Lisa Stern, MD
Karina Eastman, MD
Richard Louis Kizzee, MD
Claudia N. Emami, MD
Sajjad Yacoob, MD
Claudia Lau, MD
Geena Ying Zhou, MD



IN MEMORIAM:

Lettie Burgett, MD, August 2022 - Life Member -**LAPS Past President 2005-2006**
Mario Michael Martini, MD, October 12, 2022 - Emeritus Member
Massood Bral, MD, October 22, 2022 - Regular Member
Carol Hyman, MD, November 12, 2022 - Life Member

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