**76TH ANNUAL BRENNEMANN LECTURES**

**SEPTEMBER 6 - 8, 2019 Disneyland, Hotel**

**Maximum of 15 AMA PRA Category 1 credits™ and a maximum of 15 MOC points in the American Board of Pediatrics® (ABP) awarded.**

**FRIDAY: 3 credits**
- **Saturday & Sunday: 12 credits**

**See details inside**

**Non-Profit Org. PERMIT NO. 731 Torrance, CA**

**FREE: 3 CME Lectures Friday, September 6 From 2-5 pm**

**Orthopaedic Institute for Children**

**Michael J. Everts, MD**

**Christopher COOPERMAN, MD**

**September 6**
- **#1 Overuse Injuries and Risk Factors of Youth Marathon Running**
  - Jennifer J. Beck, MD, FAAOS
  - Review recent research on youth participation in 8 month marathon training programs for the J.A. Marathon.
  - Should be running endurance?

- **#3 Common Overuse Injuries**
  - Joseph Brennemann MD (1872-1944), The inaugural lecture was held in 1920 to commemorate the 50th anniversary of the American Academy of Pediatrics. The first lecture was given by Dr. Charles Schatz, who described the epidemiology of congenital heart defects in infants and children.
  - Review recent research on youth participation in 8 month marathon training programs for the J.A. Marathon.
  - Should be running endurance?

**September 7**
- **#2 Overuse Injuries and Risk Factors of Youth Marathon Running**
  - Joshua T. Goldman, MD, MBA, CAQSM
  - Athletics (Football, Soccer, Water Polo), Associate Director, UCLA Steve Tisch BrainSPORT Program
  - Injuries seen. Additionally, we will review the role sleep and training load play in athletic performance as well as injury. We will conclude with other safety initiatives for prevention of injuries to be shared with young athletes.

- **#4 Common Overuse Injuries**
  - Jennifer J. Beck, MD, FAAOS
  - Review recent research on youth participation in 8 month marathon training programs for the J.A. Marathon.
  - Should be running endurance?

**September 8**
- **#1 What Really is “Little League Elbow”?**
  - Joseph Brennemann MD (1872-1944), The inaugural lecture was held in 1920 to commemorate the 50th anniversary of the American Academy of Pediatrics. The first lecture was given by Dr. Charles Schatz, who described the epidemiology of congenital heart defects in infants and children.
  - Review recent research on youth participation in 8 month marathon training programs for the J.A. Marathon.
  - Should be running endurance?

- **#2 Overuse Injuries and Risk Factors of Youth Marathon Running**
  - Joseph Brennemann MD (1872-1944), The inaugural lecture was held in 1920 to commemorate the 50th anniversary of the American Academy of Pediatrics. The first lecture was given by Dr. Charles Schatz, who described the epidemiology of congenital heart defects in infants and children.
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