

Los Angeles Pediatric Society E-Newsletter

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December 2016

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Greetings from President Sloane Sevrان, MD

Welcome to the December Edition of Our E-Newsletter!



Sloane Sevrان, MD

We are happy to bring you our latest e-newsletter, specialists' articles, and news about our programs for 2017. We are excited to announce that the S. Michael Marcy, MD Memorial Lecture at the Parmelee will be held at the new UCLA Luskin Conference Center in Westwood on March 14, 2017. The lecture will feature pediatric Infectious Disease and Zika virus specialist, Dr. Karin Nielsen, speaking on *Zika Virus: Lessons Learned about a Newly Identified Congenital*

infection Syndrome. Dr. Neil S. Silverman will also be giving a lecture titled: *The Buzz on Zika: An Update on Impact for Pregnancy & Outcomes*. We are also looking forward to the 74th Annual Brennemann Lectures which will be returning to the Disneyland Hotel on September 8-10, 2017. The lectures this year are not to be missed.

This summer, with your help, the Eve & Gene Black Summer Medical Career Program continued to expose more high school students to the exciting possibilities of a future in medicine. Every year we are amazed by the quality of the applicants and each year we hope to give even more high school students this great opportunity. Please consider a contribution to this program as a tax-deductible charitable donation for 2016. [Click here to donate.](#)

As we embark on a new year which promises to bring changes in the climate of our world and possible changes to the medical world as we know it, I am thankful for the opportunities that LAPS has afforded me. The knowledge that I have attained from attending lectures, as well as the ability to confer with colleagues and mentors regarding interesting cases, business issues, and life as a doctor in general, have proven to be priceless. I am proud to be part of an organization that for so many years has been engaged in the Los Angeles community, supporting the medical professionals who provide care for so many children. I hope to have a wonderful holiday season and a healthy and happy New Year and I hope to see you at the Parmelee and Brennemann lectures.

Bradley Bursch, MD

MEDICAL EDITOR
Richard G. MacKenzie, MD



*LAPS Log - News
from our Members*

**Paula Whiteman, MD,
FACEP, FAAP**
was awarded the 2016
Teaching Excellence
Award by the Cedars-
Sinai Department of
Emergency Medicine in
recognition of
excellence and
dedication in medical
teaching.

For more information or to
send us your posting,
contact us at:
eseaman@lapedsoc.org or
310-347-8087.

We look forward to
hearing from YOU!



We are always looking to
expand our organization.
Please encourage your
fellow Los Angeles doctors

-Sloane Sevrans, MD, FAAP

Save the Date for the 74th Brennemann Lectures

September 8-10, 2017

Again at the *Disneyland®* Hotel



As to Disney properties/artwork: ©
Disney

Exciting lectures on the Pediatric topics of:

Cardiology: Anjan S. Batra, MD, MBA, FHRS, Children's Hospital
of Orange County/University of California Irvine

Dermatology: Sheila Fallon Friedlander, MD, FAAP,
Rady Children's Hospital/University of California San Diego

Urology: Andrew Freedman, MD, FAAP, Cedars-Sinai Medical
Center

Cliff Rubin Lecture on Medical Ethics: Rabbi Jason Weiner, BCC,
Senior Rabbi & Manager of the Spiritual Care Department, Cedars-
Sinai Medical Center

Save the Date for the

ANNUAL S. MICHAEL MARCY, MD MEMORIAL LECTURE AT PARMELEE SPRING MEETING

Tuesday, **March 14, 2017** from 5:45 - 9:30 pm
at the NEWLY OPENED

UCLA Meyer and Renee Luskin Conference Center

Co-sponsored with the UCLA Department of Pediatrics with
Important Zika Updates from:

to become LAPS Members.

Remember that a One
Year Membership is
FREE to
all Graduating Residents!

Membership Application

Help us better serve
you and all of our
members.



1. What specific
subjects/topics would you
like to see addressed in
LAPS CME meetings
and/or in our newsletters?

2. Would you be willing to
speak at a meeting or
submit an article?

Please submit your
articles or suggestions for
topics for future meetings
by:

Fax: (310) 782-9856

or email:

meosborne@lapedsoc.org

or mail to: LAPS, PO Box
4198, Torrance, CA
90510-4198.

A checklist of suggested
topics is available [here](#)

Neil Silverman, MD: Clinical Professor of Obstetrics & Gynecology at
David Geffen School of Medicine at UCLA; Private Practice with the
Center for Fetal Medicine and Women's Ultrasound

Karin Nielsen, MD, MPH: Clinical Professor of Pediatrics in the Division of
Infectious Diseases at the David Geffen School of Medicine at UCLA and
Mattel Children's Hospital

Laps from L.A.P.S.

Sports Medicine Corner

Winter Sports Safety Tips



Tracy Zaslow, MD

Medical Director, Sports Medicine Program in
Children's Orthopaedic Center (COC) at
Children's Hospital Los Angeles

With more than 78 million people heading out to the slopes this winter, what can you share with your patients to help them stay safe?

Skiing and snowboarding are popular recreational activities for children and adults. And, while keeping active in the mountains is a great way to bond as a family, skiing and snowboarding do have their risks. These winter sports are the second-leading cause of sports-related injury hospitalizations in the winter and responsible for many trips to the emergency department. Skiing and snowboarding injuries include:

- Leg and wrist injuries
- Head and neck injuries (most serious)

How can you help your patients be safe while enjoying the winter wonderland?

Factors that Increase Risk for Injury

It's important to understand the risk factors for skiing and snowboarding injuries.

- Children are at higher risk than adults
- Males are most at risk for more severe injuries to the head and neck

(You may download, complete and email, fax or mail to LAPS)



The Eve & Gene Black Summer Medical Career Program

If you would like to learn more about the program, please visit

[Summer Program
Explanation and Activities](#)

In this document you can find information about how you can become involved in this program by hosting students in your offices/practices.

We thank our many members and donors for their past support. (Please click here

[Donors and Sponsors](#)

if you wish to view for a list of our current donors.) We hope we can continue to count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

[Click Here to Donate to this
life-changing program](#)

Thank YOU!

- Experience matters - 40 to 50 percent of injuries occur among beginners, often on their first day skiing or snowboarding.

[Read More](#)

DERMATOLOGY CLINIC What's Your Diagnosis?

CASE: RED FOREHEAD PLAQUE in an INFANT



Tsippora Shainhouse, MD, FAAD, DAAP, FRCPC (Dermatology and Pediatrics)

A 6 week old female (41 year old mother; ex-38 week GA, uncomplicated singleton pregnancy, non-forceps vaginal delivery; 2750g birth weight) presents for a well-baby check-up, and evaluation of a new red plaque on the left forehead, extending towards the orbit. It was not noticed at birth, but has been growing and becoming more raised in the last 2-3 weeks. There are no grey-white patches or ulceration on the skin surface, and there is no proptosis of the eye. The infant has never seized. She has had no cyanotic spells or feeding difficulties. She has no other skin lesions.



What should management include?

- A) Oral Propranolol
- B) Ophthalmology evaluation
- C) Echocardiogram
- D) MRI/MRA of the Head and Neck
- E) All of the Above

[Read More](#)

Brennemann 2016 Review

Each year we try to outperform our previous Brennemann lecture series and there is no doubt that this was accomplished this past September 23-25, 2016.

Nearly 120 pediatricians attended this conference, which was held for the first time at the historic flagship Disneyland Hotel. This was an exciting change from previous meetings, which were hosted at the Paradise Pier Hotel. The

conference started on Friday afternoon with great lectures given by Dr. Jennifer Beck on assisting primary care physicians with the management of musculoskeletal injuries and the limping child, followed by Dr. Joshua Goldman discussing the timely subject of concussions - diagnosis and management. These professors were graciously provided by the Orthopedic Institute for Children (UCLA).



Drs. J. Patrick Whelan, Robert Wells and Wendy Mitchell answer attendees' questions at the "Meet the Professors" panel.

The next 2 days provided attendees with the opportunity to hear a dozen lectures in the fields of rheumatology, neurology and psychology. Dr. Patrick Whelan dazzled us with important information on the topics of Lupus, positive ANA interpretation, chronic fatigue disorders, viral arthritis, and the hyper-flexible child. Dr. Wendy Mitchel from CHLA did not disappoint us with her pink hair and engaging humor. She delivered excellent lectures on headaches, immune encephalopathies, seizure medications and how to evaluate the developmentally delayed child. Dr. Robert Wells a "frequent flyer" lecturer for LAPS, updated us on anxiety, common school problems, eating disorders and non-pharmacologic approaches to ADHD. Finally LAPS Past President, Dr. Martha Rivera gave an informative Cliff Rubin Memorial Lecture on Integrative Medicine.

By the end of the weekend attendees not only earned 14 CME credits but were also able to spend time enjoying the park with their family, while billing Mickey Mouse and company for a 99214 visit. (Oops that's a HIPAA violation!)

I look forward to greeting you at the 2nd annual S. Michael Marcy, MD Memorial Lecture at our Parmelee Spring Meeting on Tuesday, March 14, 2017 at UCLA's new Luskin Conference Center. Drs. Neil Silverman and Karin Nielsen will be speaking on the constantly evolving topic of the Zika virus.

Ronald Nagel, MD, FAAP
Program Chair



The 48th Annual Eve & Gene Black Summer Medical Career Program is underway!

Applications are NOW available for the 48th Annual Eve & Gene Black Summer Medical Career Program. Applications packets have been emailed to over 550 high school counselors in the Los Angeles area. The entire packet is also available online, including a fillable application, FAQs, facility requirements and checklists. The deadline for the application is February 22, 2017.

Last year LAPS received a record 450 applications from qualified, deserving students. Unfortunately, our existing participating facilities are only able to accept approximately 70 students. It is not too late to become involved in the 2017 program, either by assisting an existing program by offering a rotation for some students or by hosting a few students at your location. Please let us know if you are interested in being a part of this life changing program!

[Summer Program Documents](#)

Summer Program News



Drs. Miller and Galos and LAPS program participants present a plaque to Simi Valley Hospital in appreciation of their ongoing support of the Summer Program.

The Valley Combined Program of the LAPS Eve & Gene Black Summer Medical Career Program was featured in an article in the November 25, 2016 issue of the Simi Valley Acorn

Valley Combined Program Article

Reflections from Both Sides of the Eve & Gene Black Summer Medical Career Program

We at LAPS are indebted to the many people who support our Eve & Gene Black Summer Medical Career Program. We know that at each of our participating medical facilities, there is a network of dedicated staff and medical personnel who work together to enable LAPS to continue our program. Though we don't always know the names of all these individuals, when we do, we are extremely grateful to be able to acknowledge them personally with a certificate or letter of appreciation.

In response to the letter of appreciation we sent to **Dr. Mark Sklansky**, Chief, Division of Pediatric Cardiology, Dr. Sklansky graciously replied, *"It was a genuine pleasure for all of us at Mattel Children's Hospital UCLA to be part of this effort. Thank you for everything you do on behalf of all children in the greater Los Angeles area."*

He then shared with us an article he had recently published on the importance of compassion in medicine and gave us permission to share it with our members.

[Click here for Dr. Sklansky's article on Compassion Based Medicine](#)

LAPS, in turn, forwarded to Dr. Sklansky, a college application essay from a program participant, who had described the many lessons he had learned about the very human face of medicine. When sending us his essay, this student humbly added, *"If ever you need an advocate for the program, please do not hesitate; the honor would be mine."*

[Click here to read program participant's essay](#)

If you or your pediatric group has an interest in making a lasting and meaningful contribution during this July 2017 (or any 2-4 weeks of the Summer that work for you), please let us know. The Eve & Gene Black Medical Career Program is a wonderful opportunity to serve and continues to be a one of a kind experience. If you would like to learn more about it, please visit [Summer Program Explanation and Activities](#) where you can read excerpts from past participants' essays. In this document you will also find information about how you can become involved in this program by hosting students in your offices/practices. It is not too late to become a part of the 2017 program, just contact us, **TODAY!**

We thank our many members for their past support. (Please click here, [Donors and Sponsors](#) if you wish to view for a list of our current donors.) We hope we can continue to count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

WELCOME NEW MEMBERS

2016

Regular Members

Curtis Daniel Vandenberg, MD - Los Angeles

[Click here for complete list of members for prior years.](#)

**A One Year Membership is FREE to
all Graduating Residents! [Join Now!](#)**

IN MEMORIAM

*Joe D. Corless, MD - Los Angeles, October 2015

Paul W. Johnston, MD, FAAP - Mercer Island, January 2014

*Tomas Arcelona-Chiang, MD August 2012

* Life Member

[Click here for complete In Memoriam list for prior years.](#)