# Los Angeles Pediatric Society E-Newsletter Volume 2 No. 4 December 2015

### LATEST FROM LAPS

In This Issue

Save the Dates for 2016
From the President
Brennemann Lectures Recap
Sports Medicine Corner
Dermatology Clinic
Members Giving Back

**Quick Links** 

**Physician Locator** 

**Sponsors and Donors** 

**Apply for Membership** 

Donate Here in Memory of S. Michael Marcy, MD

**Meeting Exhibitors** 

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### **Greetings from President Bradley Bursch, MD**

Welcome to the December Edition of Our E-Newsletter!



Bradley Bursch, MD

We are happy to bring you our latest e-newsletter, specialists' articles, and news about our programs for 2016. We are particularly excited this year to announce the S. Michael Marcy, MD Memorial Lecture at the Parmelee. Michael Marcy, a past president of LAPS, was a mentor to so many of us on the board and to so many of the members of LAPS. The Lecture will feature renowned pediatric immunologist and infectious disease specialist, Margaret Fisher, MD and will be hosted at Providence Tarzana Medical Center on Thursday, May 5 and will address the timely topic of vaccines. On September 23-25, 2016, the 73<sup>rd</sup> Annual Brennemann Lectures will be held at a new location, the Disneyland Hotel. We think that the lectures this year will not be ones to miss.

This summer, with your help, the Eve and Gene Black Summer Medical Career Program continued to expose more high school students to the exciting possibilities of a future in medicine. Every year we are amazed by the quality of the applicants and each year we hope to give even more high school students this great opportunity. Please consider a contribution to this program as a tax-deductible charitable donation for 2015. **Click here to donate.** 

The end of the year is a time for reflection. I am thankful for the encouragement, friendship and mentorship I have experienced through LAPS. I am proud to be part of an organization that for so many years has been engaged in the Los Angeles community, supporting the medical professionals who provide the care of so many children. I hope you have a wonderful holiday season and hope to see you at the spring or fall lectures.

- Bradley Bursch, MD, FAAP

MEDICAL EDITOR Richard G. MacKenzie, MD

# Save the Dates for our 2016 meetings!

May 5, 2016
Presenting the First
S. Michael Marcy, MD
Memorial Lecture at
the Parmelee

to be held at
Providence Tarzana
Medical Center

**September 23-25, 2016** 

73rd Brennemann Lectures

This year at the Disneyland® Hotel





ONLINE CLASSIFIED ADS

ARE FREE TO MEMBERS!

### 2015 Brennemann Recap



Incoming President Bradley Bursh presents a plaque to outgoing President Kimberly Klausner in gratitiude for her service to LAPS

The 72<sup>nd</sup> Annual Brennemann Lecture this past October 9-11, 2015 at the Disney's Paradise Pier Hotel may very well have been our best. The weekend kicked off on Friday afternoon with lectures from three talented pediatric specialists from Mattel Children's Hospital UCLA. Dr. Marie Garcia-Lloret spoke on Non IgE-mediated food allergies as seen with breast milk colitis, Dr. Erina Lin shared information about the peanut allergy epidemic and the latest treatment guidelines and Dr. Gary M. Satou concluded with an update on pediatric congenital heart disease and its management. Nearly 50 students attended these talks and departed with a high serotonin levels especially with the Halloween candy provided!



Meet the Professors: Drs. Alan Nager, Nina Shapiro and Derek Wong with moderator Dr. Patricia McKeever

On Saturday and Sunday, close to one hundred physicians and allied health professionals heard a dozen lectures from outstanding professors, (all who are LAPS members) from Mattel Children's Hospital UCLA and Children's Hospital Los Angeles. Utilizing her excellent teaching skills and her great sense of humor, Dr. Nina Shapiro discussed the timely ENT subjects of Tonsillectomy, Stridor, and Foreign Body Aspiration

LAPS offers a classified ads service on our website. Ads may include position postings, locum tenens, sale of practices or medical equipment.

All ads are subject to approval prior to posting.

<u>Click here for more information</u> on classified ads



LAPS Log - News from our Members

For more information or to send us your posting, contact us at:

eseaman@lapedsoc.org or 310-347-8087.

We look forward to hearing from YOU!



We are always looking to expand our organization.

Please encourage your fellow Los Angeles doctors to become LAPS

Members.

Remember that a One Year Membership is FREE to with a Round Table on the Issues of Adolescents and Procedures. LAPS Past President, Dr. Derek Wong was able to make a complicated topic like Genetics easy. He skillfully presented cutting edge information on Dysmorphology, Newborn Screening, Genetic Testing and Syndrome Recognition as well as educated attendees on the most current Genetic Approaches to Autism Screening in his Round Table. Finally, Dr. Alan Nager reviewed ED topics: Dehydration, Heat Related Illnesses and Adolescent Mental Health Screening plus offered a "hands on" Round Table on Wound Repair and Management, where attendees practiced using the latest suturing materials.



Tracy Rubin, RCP, offers memories of her parents: Dr. Clifford and Edythe Rubin.

The highlight of this year's Brennemann was the inspiring Cliff Rubin Lecture. Dr. Robert Hamilton began introducing Brett and Tracy Rubin who shared memories of their father, Cliff Rubin, their recently deceased mother Edythe and the Rubin family's long association with

LAPS. As a Past President and Program Chair, Dr. Rubin worked tirelessly to bring wonderful CME events to LAPS until 2005. LAPS recognized and thanked the family for their continued support as well as their father's generous endowment of this lectureship before his death.

Dr. Hamilton then welcomed to the podium esteemed humanitarian, distinguished professor and LAPS member, Dr. Lee Todd Miller to address the topic of Global Health and the many learning opportunities it provides to pediatricians. The 45 minute power point presentation left us with an appreciation for living in a country with excellent medical care and the importance of helping other countries who need our medical assistance. You can read more about his work and the non-profit organization he founded, *Partner's for Pediatric Progress* in the Member's Giving Back Column in this Newsletter.

LAPS is now busy planning its Spring Parmelee Lecture Series, which will take place at Providence Tarzana Medical Center on May 5, 2016. LAPS is proud to announce that internationally recognized ID expert, Dr. Margaret (Meg) Fisher will present the 1<sup>st</sup> S. Michael Marcy, MD Memorial Lecture. Dr. Fisher is an awesome speaker and will be presenting, what is sure to be an exciting lecture on "Vaccines Are Not Just for Babies." Hope to see you there!

Ron Nagel, MD, FAAP Program Chair all Graduating Residents!

### **Membership Application**

Help us better serve you and all of our members.



1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by: Fax: (310) 782-9856

or email: meosborne@lapedsoc.or g

or mail to: LAPS, PO Box 4198, Torrance, CA 90510-4198.

A checklist of suggested topics is available here

(You may download, complete and email, fax or mail to LAPS)

### Laps from L.A.P.S.

**Sports Medicine Corner** 

### Keeping Your Head in the Game!



Tracy Zaslow, MD

Medical Director, Sports Medicine
Program in Children's Orthopaedic
Center (COC) at Children's Hospital
Los Angeles

November 2015 is a time that will go down in the history books of major soccer – The U.S. Soccer Federation (USSF) made a bold move in effort to reduce injury in youth soccer. The USSF banned heading, the act of using the head to redirect the soccer ball, for athletes 10 years and younger and limited heading to only practice settings for the 11-13 year-old players. Heading is a task that requires excellent neck and trunk motor control and strength; children under the age of 10 may not have the coordination or muscle development to correctly initiate head contact with the ball. Additionally, young children sometimes fear the ball as it approaches their head, and are unable to implement proper technique.

While these new heading recommendations from the USSF may help reduce risk to the brain, neck and spine, heading only accounts for a small portion of why concussions occur in soccer. Collision, rather than purposeful heading, has been found in recent studies to be the most likely cause for acute head injuries in soccer. Head-to-head, head-to-body part, and head-to-ground collisions in soccer account for most concussions.

### **Read More**



### The Eve & Gene Black Summer Medical Career Program

If you would like to learn more about the program, please visit

### Summer Program Explanation and Activities

In this document you can find information about how you can become involved in this program by hosting students in your offices/practices.

We thank our many members and donors for their past support. (Please click here

#### Donors and Sponsors

if you wish to view for a list of our current donors.) We hope we can continue to count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

Click Here to Donate to this life changing program

Thank YOU!

## **DERMATOLOGY CLINIC**What's Your Diagnosis?

#### Clustered Vesicles in a 7 Year Old Female



Tsippora Shainhouse, MD FAAD, (D)ABP, FRCPC

(Pediatrics, Dermatology)

A 7 year old female presents with a 1 day history of rapidlydeveloping, fluid-filled vesicles on the right chest. The 2-3mm vesicles are clustered on a red base and appear to follow the distribution of her rib. She has no current fever or malaise and no recent illnesses. She has no history of underlying immunodeficiency. However, she did have an episode of bullous impetigo on her legs 2 months earlier. Her skin does not itch. However, the area is sensitive and she does complain of a deep ache in her right chest and abdomen area when she bends. The child thought that she might have banged herself while playing in the playground at school 2 days ago. Mom comments that the schoolyard does have poison ivy along the fenced-in area. Mom had a history of episodic cold sores on her lip, but has not had one recently. The child did not receive the varicella vaccine. She had a mild case of chicken pox at 6 months of age.

What's Your Diagnosis?

- 1. Cutaneous Herpes (Herpes Simplex)
- 2. Herpes Zoster (Varicella Zoster)
- 3. Allergic Contact Dermatitis
- 4. Bullous Impetigo



Photo: Copyright 2015: Tsippora Shainhouse, MD

### **Read More**

# Members Giving Back Partners for Pediatric Progress

#### Lee Todd Miller, M.D., FAAP

Professor of Pediatrics, Associate Dean for Student Affairs, and Director of the Global Health Education Programs at the David Geffen School of Medicine at UCLA



At the Eduardo Mondlane University School of Medicine in Maputo, Mozambique. Dr. Lee Miller with Dr. Gene Washington, former Dean of the David Geffen School of Medicine at UCLA.



Dr. Lee Miller with some children at a clinic in rural
Mozambigue

In addition to the joys of caring for children, my professional passions have been in medical education and global health. Over the years it's been an absolute privilege to be involved in the growth of countless medical students and residents. Farther from home, I've enjoyed opportunities to participate in medical education projects that have taken me to Egypt, Ethiopia, Zambia, South Africa, Malawi, Mozambique, Rwanda, India, Peru, Brazil Thailand, China and Myanmar. About eight years ago I began exploring with friends and colleagues ways in which we could combine these passions, which led to the establishment of *Partners for Pediatric Progress*. Under the umbrella of the Center for World Health at the David Geffen School of Medicine, this non-profit project is committed to improving the health and care of children in some of the poorest regions of the world through a sustained commitment to their communities and caregivers.

Our first partnership was established in Mozambique, a country with over 10 million children and at the time only 10 Mozambican pediatricians. There were no pediatric surgeons, very few subspecialists, and only two pediatric ventilators in the country. The pediatric leadership at the main medical school and teaching hospital identified the greatest training needs in the areas of newborn medicine, critical care pediatrics and pediatric surgery. By supporting the training of local primary care physicians, surgeons and nurses, we're committed to building local capacity and making a sustainable impact. To this end, we send faculty from the Departments of Pediatrics and Surgery at UCLA to work with their counterparts at Central Hospital of Maputo, and support reciprocal focused training experiences for Mozambican health care providers with us here at Mattel Children's Hospital UCLA.

## Applications on NOW available for the 47th Annual Eve & Gene Black Summer Medical Career Program



### The 47th Annual Eve & Gene Black Summer Medical Career Program is underway!

Applications packets have been mailed and emailed to over 450 high school counselors in the Los Angeles area. The entire packet is also available online, including a fillable application, FAQs, facility requirements and checklists. The deadline for the application is February 24, 2016.

Every year LAPS receives 300-350 applications from qualified, deserving students. Unfortunately, our existing participating facilities are only able to accept approximately 70 students. It is not too late to become involved in the 2016 program, either by assisting an existing program by offering a rotation for some students or by hosting a few students at your location.

Please let us know if you are interested in being a part of this life changing program!



### WELCOME NEW MEMBERS

2015

### **Regular Members**

Rachel Yvonne Goldstein, MD - Los Angeles

### **Graduating Residents**

Leila M. Yoonessi, MD, - Long Beach Lily Chattopadhyay, MD - Los Angeles

Click here for complete list of members for prior years.

A One Year Membership is FREE to all Graduating Residents! Join Now!

### **IN MEMORIAM**

2015

John H. Fuerth, MD - Eugene, Oregon, October 2015 Mayo Stark, MD - Los Angeles, November 2015

Click here for complete In Memoriam list for prior years.