Greetings from the President Kimberly Klausner, MD

Welcome to the September Edition of Our E-Newsletter!

Greetings!

Signs of the fall season: the weather gets cooler, children return to school, cold and flu season begins, and The Los Angeles Pediatric Society heads to Disneyland! We look forward to seeing many of you next month when we host the Brennemam meeting at Disney Paradise Pier resort. We have engaging lectures in Genetics, Emergency Medicine and Head and Neck Surgery planned, as well as a timely talk on Global Medicine by Dr. Lee Miller, now the Associate Dean of Student Affairs at the David Geffen School of Medicine. Please mark your calendars, rearrange your call schedules, and come join us October 9–11, 2015.

This newsletter includes interesting articles from our specialty contributors: Dr. Shainhouse has another dermatology review (I think I wasn't supposed to give away the answer last time) and a discussion of performance enhancing substances in Sports Medicine by Dr. Tracy Zaslow. We have a wrap-up of the Eve and Gene Black Summer Medical Career Program, as well as some updates on former students. Please feel free to forward the newsletter to any colleagues who may be interested. And with that, I will thank you for the attention, for the wonderful year of service to the Los Angeles Pediatric Society, and pass my gavel over to Dr. Brad Bursch. I hope to see you all at Disney.

- Kimberly Klausner, MD, FAAP
### 2015 Brennemann Lectures Information

The Los Angeles Pediatric Society presents the 72nd Brennemann Lectures  
October 9 - 11, 2015

Disney Paradise Pier Hotel  
Anaheim, CA 92802  
714-956-6425

**11.0 AMA PRA Category 1 Credits** (available October 10 - 11)  
Plus additional 3 Free Credit hours available on Friday, October 9 from 2-5 pm!  
(**See details below**)  

- **Keynote Topic:** A Perspective on Global Health & Pediatrics: Opportunities & Lessons Learned
- **Lectures in Emergency Medicine, ENT and Genetics**
- Informative Round Table sessions:
  - Wound Repair and Management
  - Adolescents and Consent: the Complexities of Working with Teens Undergoing Procedures
  - Genetic Approaches to Autism: Screening, Syndromes and Mitochondrial Disorders

**Plus 3 FREE CME Lectures on Friday, 10/9 from 2 - 5 pm**
- Emerging Non IgE-Mediated Food Allergies
- Curbing the Peanut Allergy Epidemic
- Congenital Heart Disease for Pediatricians

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**Chek out our latest classified ad**

- MVP PEDIATRIC AND URGENT CARE is looking to share its new state of the art facility with medical or surgical pediatric subspecialists to either establish a new or part-time practice or satellite office.

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The facility offers an on-site certified laboratory, on-site x-ray equipment with teleradiologist readings, and a procedure room outfitted for procedural sedation, I.V. hydration, suturing, splinting/casting, and other minor procedures. Also provided is
LAPS Log - News from our Members

For more information or to send us your posting, contact us at:
eseaman@lapedsoc.org or 310-347-8087.

We look forward to hearing from YOU!

ONLINE CLASSIFIED ADS ARE FREE TO MEMBERS!

LAPS offers a classified ads service on our website. Ads may include position postings, locum tenens, sale of practices or medical equipment.

All ads are subject to approval prior to posting.

Click here for more information on classified ads

MVP PEDIATRIC AND URGENT CARE is located in Tarzana with high visibility (18555 Ventura Boulevard) and within walking distance of Providence Tarzana Medical Center. Our mission is to provide more pediatric specific services to the San Fernando Valley. Interested parties please contact David Epstein, MD at: david.epstein@mvppediatric.com or call our office at 818-614-3088.

Laps from L.A.P.S.
Sports Medicine Corner

Healthy Ways to Help Your Athletes Succeed!

Tracy Zaslow, MD
Medical Director, Sports Medicine Program in Children's Orthopaedic Center (COC) at Children's Hospital Los Angeles

As Fall begins and our young athletes become immersed in their busy sports seasons, they will be striving to perform at their very best. Sadly, many of these athletes will turn to ergogenic aids to try to get a leg up on their competition. While using substances to enhance performance is a phenomenon that dates back to the Ancient Greeks, Romans and Egyptians, it's an issue we need to address now more than ever as pressures to succeed in sports have increased.

Athletes seek out ergogenic aids to: 1) Be competitive; 2) Gain an edge; 3) Have more energy; 4) Change their size/weight, and most importantly 5) Win! A study that looked at athletes' use of performance enhancing substances showed that if a substance could NOT be detected and would guarantee they'd win every race, 98% of athletes surveyed would use it. The scary secondary question asked, if that substance would also cause their death in 5 years would they still take it and sadly 54% still said they would use that substance. [Bamberger M, Yeager D: Over the Edge: Drug Use in Sports. Sports Illustrated 1997, 86(15):35.] Understanding the great risks athletes will take to win highlights the importance of discussing the topic during patient visits.

Read More
We are always looking to expand our organization. Please encourage your fellow Los Angeles doctors to become LAPS Members.

Remember that a One Year Membership is FREE to all Graduating Residents!

**Membership Application**

Help us better serve you and all of our members.

1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by:
Fax: (310) 782-9856

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**DERMATOLOGY CLINIC**

**What's Your Diagnosis?**

**Spreading Bullae in a 7 year old Girl**

Tsipppora Shainhouse, MD
FAAD, (D)ABP, FRCPC
(Pediatrics, Dermatology)

**Case:**
A 7 year old, previously healthy, Caucasian female presents with pink, itchy, round patches, honey-crusted, weeping papules and fluid-filled bullae on her legs and buttocks. The rash began with a few, raw, excoriated, itchy pink bumps on her right buttoc and upper thigh, that her parents assumed were severely scratched mosquito-bites. Within 1 week, she developed blisters and crusted papules that spread to her waist, down her right leg, and to her left leg. She feels well. She has no fevers, leg swelling, abdominal pain, tea-colored urine or recent strep pharyngitis. She has no history of gluten-insensitivity. She has no history of allergies, hives, respiratory distress or anaphylaxis. She has no personal history of herpes simplex virus (HSV) infection, but her mom does get intermittent cold sores on her lip.

What is your diagnosis?

1. Dermatitis Herpetiformis
2. Linear IgA Bullous Disease
3. Bullous Impetigo
4. HSV-infection
5. Staph Scalded Skin Syndrome
The Eve & Gene Black Summer Medical Career Program

If you would like to learn more about the program, please visit

Summer Program Explanation and Activities

In this document you can find information about how you can become involved in this program by hosting students in your offices/practices.

We thank our many members and donors for their past support. (Please click here Donors and Sponsors if you wish to view for a list of our current donors.) We hope we can continue to

The 46th Annual Eve & Gene Black (EGB) Summer Medical Career Program was a resounding success with a record number of 75 participants completing this amazing medical internship. Students had the opportunity to observe a variety of medical procedures in hospital and office settings; visit an array of departments, labs, clinics and medical offices; shadow and interact with physicians, residents, interns, dentists, nurses, technicians, pharmacists, physical therapists, Chaplains and countless other healthcare professionals. And they asked LOTS of questions and received advice that will forever guide them on their journey towards a medical career.
count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

Click Here to Donate to this life changing program

Thank YOU!

As we read the Exit Essays from this year’s participants, we are astounded at the many, many dedicated medical professionals throughout our 12 hosting facilities, who volunteer their time and energy to mentor these students. It truly takes a village. On behalf of the Los Angeles Pediatric Society, we sincerely thank you; we know that this program depends on the efforts of each and every one of YOU!

If you are not already involved in this life-changing program, please heed the words of Valley Coordinator and octogenarian, Dr. Alvin Miller and contact us to get become a part of the 2016 EGB Summer Medical Career Program.

"After 62 years of practicing medicine I realize the progress in health care today needs to be passed on to future providers. We need to nurture the ambition and dreams of these capable youngsters who will carry the torch for us in future years. They are interested, ambitious, committed and capable. I believe we owe this to those who want to follow us in a medical career. You will have the feeling of leaving something to the world of medicine, the world that you have enjoyed. Get involved... become a coordinator for students interested in a future in Medicine. You will enjoy giving back through these capable teens to the world of medicine, a career that you have enjoyed for many years. I thank you for your help. You never know when you pluck the heartstring of a youngster!"

On Their Way..Updates from Former Summer Medical Career Program Students

Where Are They Now?

The Los Angeles Pediatric Society and the many medical professionals involved in the Eve & Gene Black Summer Medical Career Program, often wonder what becomes of the students who pass through this program. Here are some excerpts from emails we have received from former participants who are indeed, well on their way! Be assured your efforts truly make a difference!

"I just wanted to thank you for giving me that opportunity and let you know how much it's helped me. After doing the program, I knew for certain that I want to be a surgeon. Now I'm finishing my freshman year at UCLA. I started an incredible internship at the UCLA hospital, and I'm staying in LA over the summer to continue it. I shadow a Cardio-thoracic surgeon and have already gotten so much exposure to the field. I’ve seen heart transplants, valve repairs, artificial hearts and corrections of birth defects. It’s unbelievable.

I am also helping with a study on an organ care system that keeps organs perfused during transport. The doctor I'm shadowing is helping me start a job as a “procurer,” flying out on heart and lung procurements. Thank you so much for introducing me to the medical field. I could not be more excited." ~ Corinne, 2013
"I'll be moving to Baltimore at the end of June to start my job as a research associate at the Lieber Institute for Brain Development at Johns Hopkins. I'll be using genetics techniques in combination with neuroimaging to isolate specific brain areas affected during the development of Schizophrenia, particularly with regards to deficits in motivation and reward." ~ Akshay, 2010

"I am currently a third year Biology major at the University of California Riverside, and in the preparation phase of applying to medical school. I would not be where I am, if had not participated in this program. ... I would really like to express my deep gratitude and appreciation." ~ Caroline, 2009

IN MEMORIAM

Edward W. Malphus, MD, FAAP

Dr. Edward W. Malphus, a Santa Monica pediatrician and pediatric gastroenterologist for over 30 years, passed away on August 3, 2015, after a brief illness. He was born in Miami, earned a Bachelor's degree in biology from Loyola University in New Orleans, his medical degree from the University of Florida College of Medicine, and completed a fellowship in pediatric nutrition and gastroenterology at Texas Children's Hospital in Houston.

Dr. Malphus served as Chairman of Pediatrics at St. John's Hospital from 1994-2000. He was deeply involved with Mission Doctors Association, a Catholic agency providing health care in Africa, Southeast Asia and Latin America and spent a month on a medical mission in Cameroon in 2011.

Always a gentleman and dapper dresser, Dr. Malphus will be remembered for his gentle manner, his dedication to his patients and, of course, his wonderful bow ties. He is survived by his wife of 40 years, MaryLou, his mother, and two brothers. Dr. Edward W. Malphus was a dedicated pediatrician and LAPS member; he will be missed.

Sheldon C. Siegel, MD, FAAP, AAAAI

Born in Minnesota in 1922, Sheldon C. Siegel, MD received his undergraduate and medical degrees from the University of Minnesota and during WWII served in the United States Air Force. He went on to establish the Allergy Medical Group and the UCLA Pediatric Allergy Clinic and Training Program, where he remained its Co-Director until he retired in 2008. He was a Clinical Professor of Pediatrics at UCLA David Geffen School of Medicine for over 45 years. Dr. Siegel's research included early work on the value of inhaled steroids in asthmatic children and their ability to permit good control of their asthma without the complications of oral steroids.
In addition to his many clinical and academic contributions, Dr. Siegel was Co-founder and President of the Asthma and Allergy Foundation of America and its California Chapter, which pioneered "Breathmobiles" for the care of asthmatic, school-aged children and sponsored medically staffed summer camps for disadvantaged, asthmatic children. Throughout his life, Dr. Siegel continued to demonstrate his strong leadership skills, as Chair of the Section on Allergy of the American Academy of Pediatrics, President of the American Academy of Allergy, Asthma and Immunology (AAAAI), Co-chair of the American Board of Allergy and Immunology and Chair of the Residency Review Committee for Allergy and Immunology. He also served on several editorial boards of national allergy and immunology journals, authored or co-authored over 100 articles and chapters and was the recipient of numerous awards.

Upon his retirement, UCLA Medical Center honored him by creating a lectureship in his name and the 8th Annual Sheldon C. Siegel Lecture will take place on September 25. The Los Angeles Pediatric Society (LAPS) joins the rest of the medical community in gratitude for the life and work of long-time member, Sheldon C. Siegel, MD.

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**WELCOME NEW MEMBERS**

2015

**Life Member**

Cigal Shaham, MD, M.Sc - Beverly Hills

**Regular Members**

Lauren Crosby, MD - Beverly Hills  
David Epstein, MD - Tarzana  
Caitlin Colvard, MD - Santa Monica  
Nathalie Rubin, MD - Thousand Oaks

*Click here for complete list of members for prior years.*

**A One Year Membership is FREE to all Graduating Residents!** **Join Now!**

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**IN MEMORIAM**

2015

Sheldon C. Siegel, MD, FAAAAI - Los Angeles, May 2015  
*Burton Sokoloff, MD - Tarzana, May 2015  
Edward W. Malphus, MD - Santa Monica, August 2015

* Life Member

*Click here for complete In Memoriam list for prior years.*