### Los Angeles Pediatric Society E-Newsletter Volume 1 No. 1 August 2014

# LATEST FROM LAPS

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#### Laps from L.A.P.S. Sports Medicine Corner

Heat Illness: Keeping Cool as the Fall Sports Season Heats Up!



Tracy Zaslow, MD Pediatric Sports Medicine Specialist

With fall sports set to begin practices in the height of summer's heat and humidity, it is important to be proactive to prevent heat illness. Heat illness occurs because the body creates heat, especially during LAPS is continuing its efforts to go green. Welcome to our first paperless e-newsletter!

#### Greetings from the President Danelle Fisher, MD

The Los Angeles Pediatric Society is thrilled to bring back our newsletter! Many of you may remember the days of our paper newsletter in sepia tones, chock full of interesting articles and information about our programs.



Now we are reintroducing it in an eco-friendly manner (online).

"Latest From LAPS" will include a letter from the President of the Board, a Specialist Corner

article and other fun news. Look for it in your inbox quarterly. We hope you enjoy!

#### **Specialists' Corner**



When Not to Worry about Henoch-Schoenlein Purpura

Patrick Whelan, MD, PhD Pediatric Rheumatologist

"From its origin, the exanthem spreads over the whole body with the exception of the

palms and soles of the feet. Clearly wrong is the notion that only the covered and thus exposed to heat parts of the breast are effected by bumps, since also it appears as frequently on the neck and in the face. By the way, the development of the exanthem never happens all at once, but always in bouts (immer stossweise.) And that's characteristic of the bumps, because other exanthems don't do that."

Dr. Johann Schonlein, in 1834 lecture notes about "purpura rubra," Pathologie und Therapie (vol 2, p320.)

#### Read More

exercise, and normally the body cools itself off by sweating and releasing (radiating) heat through the skin.

#### Read More

#### EXECUTIVE COMMITTEE 2013-2014

PRESIDENT Danelle Fisher, MD

VICE PRESIDENT Kimberly Klausner, MD

SECRETARY/TREASURER Bradley Bursch, MD

MEMBER-AT-LARGE Patricia McKeever, MD

PAST PRESIDENT Tracy Zaslow, MD



**REGISTER NOW FOR** 

The 71st Annual Brennemann Lecture

#### Sept 12-14th

*Disney's Paradise Pier®* Hotel Featuring

Robert M. Bernstein, MD ORTHOPEDICS

#### PARMELEE 2014 RECAP

On March 20, 2014 over 80 doctors were educated by Professor (Duke) Pisit Pitukcheewanout from Children's Hospital Los Angeles in the division of Pediatric Endocrinology on the topic of Vitamin D Controversy: It's Just Not For Bone Anymore.



Ronald Nagel, MD, FAAP Program Chair

The lecture took place at the recently rebuilt Providence Saint John's Health

Center, Santa Monica, in the gorgeous Tarble Atrium and Café. The ninety minute program reviewed vitamin D physiology, but focused on data showing its non skeletal effects like cardiovascular, autoimmune, and cancer. Much time was also spent on interpreting Vitamin D levels and its treatment. The food was excellent, the ambience pleasant and camaraderie very enjoyable. Stay tuned for news of our next Parmelee Lecture in Spring 2015, as it promises to be yet another timely, informative and stimulating topic.

Another Successful Eve & Gene Black Summer Program

In 1969, the Los Angeles Pediatric Society began its Summer Medical Career Program with four hospitals: Children's Hospital Los Angeles (CHLA), Cedars-Sinai, Huntington Memorial and White Memorial with seven participants. Today those four hospitals are joined by Harbor UCLA, LAC+USC, MLK Multi-Service Ambulatory Care Center, Olive View, Providence Tarzana, Providence St. Johns, Santa Monica UCLA, UCLA Medical Center and Valley Combined (includes Los Robles, Simi Valley, Kaiser Panorama City, Thousand Oaks Surgical medical centers). In 2014 there were a record number of 73 participants!

The increased number of participants was as a result of several coordinators graciously expanding their programs. Our thanks go to new coordinators, Dr. Daniel Bruckner with assistance from past president, Dr. Howard Reinstein at Providence Tarzana and Dr. Jonnie Burton-Mota with assistance from Dr. Carol Berkowitz at Harbor UCLA as well as longtime Santa Monica coordinator and the Summer Program Chair, Dr. Robert Hamilton with assistance from office manager, Cheryl Tormey.

However, we would be remiss if we did not also acknowledge and thank the rest of our dedicated and hard-working coordinators: Joanne Ordono, CCLS with assistance by Li-Win Ton and Celeste Gallegos (Cedars), Drs. Alicia Sheen and Alexander Yudovich (CHLA), Dr. Mark Powell (Huntington), Lorraine Grey (King), Dr. Keith Lewis (LAC+USC), Dr. Yasangi Jayasinha (Olive View) with assistance from Dr. Heather Vandeweghe, Madeline Verzola with assistance from Rosalinda Luna (UCLA), Drs. Alvin Miller and Katherine Galos (Valley Combined) and new coordinator, Georgia Froberg (White). Gary S. Rachelefsky, MD ALLERGY

Diane K. Tanaka, MD ADOLESCENT MEDICINE

#### Eyal Ben-Isaac, MD CLIFF RUBIN LECTURE

<u>The Changing Face of Pediatric</u> <u>Medical Education</u>

Registration & More Information





It's that time of year again!

Dues notices have been mailed. Please look out for them and be sure to pay on time.

Did you know that you could sign up for automatic dues payments?

Click <u>here</u> for more information or to sign up for our dues subscription service.

Please encourage your fellow Los Angeles doctors to become LAPS Members. The 45th Annual Eve and Gene Summer Medical Career Program kicked off in early May with an Orientation Dinner with over 150 students and their parents in attendance. This year the Orientation was hosted by Cedars-Sinai Medical Center and we would like to thank Summer Program Coordinator, Joanne Ordono and the wonderful Cedars staff for hosting this lovely event. Summer Programs began at the participating facilities in late June and continued into early August. In our next "Latest from LAPS" e-newsletter edition we will share excerpts from participants essays concerning their life-changing experiences.

As always, we extend our sincere appreciation to our LAPS membership, who supports this program by hosting students in their offices/practices and/or with their monetary donations. Please see <u>here</u> for a list of our current donors. If you would like to learn more about how to become involved in our medical mentoring program please click <u>here</u> to read an in depth explanation of the program listing the participation opportunities available. We would love to have you join us!

#### Members Giving Back

#### Los Angeles Pediatricians Make a Lasting Difference on the Steppes of Mongolia

#### Richard G MacKenzie, MD, CM

Medical Director, International Programs Deputy Director, Division of Adolescent Medicine Children's Hospital Los Angeles

Associate Professor Pediatrics USC Keck School of Medicine



And I thought it was going to be difficult!

Before I knew much about the professional challenges that lay ahead in Mongolia, I was concerned that I would not be able to excite my colleagues to join me. Hmm, I wondered what would it take to get the commitment of those who most likely are already over-committed? After all it would be adventure travel, both professionally and personally, at their own expense.

#### **Read More**

#### **CLASSIFIED ADS**

#### ONLINE CLASSIFIED ADS FREE TO MEMBERS!

- LAPS offers a classified ads service on our website.
- Ads may include position postings, locum tenens, sale of practices or medical equipment.

## We are always looking to expand our organization.

Membership Application

Help us better serve you and all of our members.



1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by: Fax: (310) 782-9856

or email: <u>meosborne@lapedsoc.org</u>

or mail to: LAPS, PO Box 4198, Torrance, CA 90510-4198.

A checklist of suggested topics is available <u>here</u> (You may download, complete and email, fax or mail to LAPS)

- Ads are limited to 50 words or less.
- All ads are subject to approval prior to posting.

Click here for more information on classified ads

#### LOCUM TENENS

Locum tenens, part time, overnight telephone call Tuesday and Thursday, weekend call twice per month, office and hospital patients one weekend per month. Cedars Sinai Medical Center. Contact Donna at 310-652-3324

#### WELCOME NEW MEMBERS 2014

Marcella Hardart, MD - Santa Monica Bianca Edison, MD, MS, FAAP - Los Angeles Alma Munoz, MD - Los Angeles Vania Nguyen, MD - Santa Monica Jeanne Weiss, MD - Santa Monica Dana Ben-Artzi, MD, FAAP - Santa Monica Daniel Eugene Bruckner, MD - Encino Tomas Miguel Torices, MD - Altadena Sharon Kaminker, MD - Los Angeles John Patrick Whelan, MD - Burbank

Click here for complete list of new members for prior years.

#### IN MEMORIAM

LAPS would like to pay tribute to one of its lifetime members, the renowned pediatrician Dr. Paul Fleiss (September 8, 1933 - July 19, 2014). He was born in Detroit and trained as a pharmacist and an osteopath, moving to California to complete pediatric residency at Los Angeles County-USC Medical Center. His practice in the Los Feliz area included many children of celebrities as well as low-income families who he treated at no cost. Dr. Fleiss was beloved by many for his gentle manner and approach to parenting. He was well-known for his anti-circumcision stance, having authored a book on the topic, and also supported families who wished to delay or avoid vaccinations. On a personal note, as a resident at Children's Hospital Los Angeles in the late 1990's, I treated many of his patients in the ER and the families always spoke incredibly highly of him. We at LAPS and the LA pediatric community in general honor Dr. Fleiss for his commitment to caring for children throughout his career.

#### 2014

Kamal Said Baladi, MD, FAAP -Los Angeles, February 2014

Click here for In Memoriam lists for prior years